



RESILIENCE AND WELLNESS SUMMIT

COURAGE, COMPASSION AND CONNECTION

FRIDAY, NOVEMBER 3RD, 2023
8:00AM-4:00PM

Purpose: Bringing the community together to acquire health and wellness skills.

This community event will include presentations, group discussions and resource information for community organizations.

Event Location:

The Antlers a Wyndham Hotel
4 S. Cascade Ave,
Colorado Springs, CO 80903

Open to Military, Veterans, First Responders and their Families plus, the Community



If you are interested in sponsorship or hosting an exhibit table for resources, please contact Russ Laney at 719-661-2593 or teamprinciples14@gmail.com

**Reservations required
Free Admission**

Scan to register ▶



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